SOCIAL DYSFUNCTION AND AGGRESSION SCALE (SDAS)

General Score

Scoring of general level: General Score will apply to the average level of the sign or symptom. The episodes will be taken into account in such a way that with an increasing number of episodes the general level will come closer to the level during the episodes. Use the severity and frequency part of the item descriptions.

0 = not present  1 = doubtful  2 = mild  3 = moderate  4 = severe
Please mark appropriate field with an X

1. IRритABILITY
This item covers the reduced ability to cope with situations regarded as provocative by the patient, impatience, and the reduced ability to control responses; short-tempered.

0 = Not present
1 = Slight or possible impatience and/ or slight difficulty controlling responses.
2 = Mildly impatient and irritated; some difficulty controlling reactions.
3 = Moderately impatient, easily provoked, poor control over reactions but this has still limited impact on personal relations.
4 = Severe impatience and irritability, no control over reactions, feels constantly provoked which interferes significantly with interpersonal relations.

2. NEGATIVISM / UNCOOPERATIVE BEHAVIOUR

0 = Not present
1 = Covers the reduced ability to cooperate or to conform to a group, e.g. at collective activities or when asked to carry out a task.
2 = Mild negativism. Does not want to cooperate, but can control him-/herself when told to conform.
3 = Moderate negativism; clearly fighting all authority, though still moderate; sometimes undisciplined.
4 = Severe negativism; ostentatious in opposing the rules of social intercourse, fully uncooperative.

3. DYSPHORIC MOOD

0 = Not present
1 = Slight, or possibly present.
2 = Mild; the patient has displayed a slight mood of dissatisfaction.
3 = Moderate; the patient has given the impression of being moderately gloomy and testy but still with limited impact on interpersonal relations.
4 = Severe; the patient has given the impression of being extremely sullen and crabby, displaying clear signs of intense discontent and dissatisfaction which significantly interfere with interpersonal relations.
4. SOCIALLY DISTURBING/PROVOCATIVE BEHAVIOUR

The patient behaves in a provocative manner towards others. Includes also sexually provocative behaviour.

0 = Not present
1 = Slight, or possibly present
2 = The patient has acted provocatively, to a mild degree.
3 = The patient has acted provocatively, to a moderate degree.
4 = The patient has seriously acted provocatively.

5. NON-DIRECTED VERBAL/VOCAL AGGRESSIVENESS

This item covers verbal aggressiveness or noises assumed to represent aggression which (instead of being directed towards defined persons) is/are directed towards people or things in general, e.g. the staff, the ward, or society in general.

0 = Not present
1 = Very slight or doubtful verbal aggressiveness, though only implicitly present.
2 = Mild aggressiveness which is explicitly present, but only intermittently.
3 = Moderate level of verbal aggressiveness, sometimes vociferous, e.g. claiming "everything to be wrong" or shouting angrily.
4 = Severe and sometimes screaming aggressiveness of general nature, this may include cursing or swearing.

6. DIRECTED VERBAL/VOCAL AGGRESSIVENESS

Covers verbal aggressiveness directed towards defined persons.

0 = Not present
1 = Very slight or doubtful aggressiveness towards defined individuals.
2 = Mild aggressiveness manifested by an explicit way of talking, though the aggressive contents are only present in short outbursts.
3 = Moderate aggressiveness, e.g. insulting people personally, more constant, sometimes vociferous.
4 = Severe and sometimes screaming aggressiveness, e.g. making serious insults or wishing people harm.

7. PHYSICAL VIOLENCE TOWARDS THINGS

0 = Not present
1 = Slight, or possibly present (threatening gestures).
2 = Mild, occasional episode of throwing or hitting things.
3 = Repeated episodes of throwing trivial things, hitting objects or slamming doors.
4 = Severe; has been destroying significantly large or important objects, i.e. T.V., windows, and furniture.


**8. PHYSICAL VIOLENCE TOWARDS STAFF**

0 = Not present

1 = Slight, or possibly present (threatening gestures)

2 = Mild; the patient has hit out/kicked at a member of staff, though without touching the person.

3 = Moderate; the patient has kicked/punched/strangled a member of staff. No severe injuries.

4 = Severe; the patient has dangerously assaulted a member of staff.

**9. PHYSICAL VIOLENCE TOWARDS OTHERS THAN STAFF (NON-STAFF)**

0 = Not present

1 = Slight, or possibly present (threatening gestures)

2 = Mild; the patient has hit out/kicked non-staff, though without touching the person.

3 = Moderate; the patient has kicked/punched/strangled non-staff. No severe injuries.

4 = Severe; the patient has dangerously assaulted non-staff.

**10. SELF-MUTILATION**

*This item refers to self-inflicted damages such as scratching one's own skin, cigarette burns, plucking out hair, head banging, ingestion of sharp objects etc. (gestures without suicidal intentions).*

0 = Not present

1 = Slight, or possibly present.

2 = Present in a mild degree.

3 = Present in a moderate degree.

4 = Present in a severe degree.